### THE SURGERY CENTER OF FAIRBANKS

# IMPORTANT INFORMATION ABOUT MEDICATIONS

## **Aspirin, NSAIDS and Blood Thinners:**

These medications can cause an increase in bleeding and their continued use could make it necessary to reschedule or cancel the procedure. It is important to <u>discontinue their use for at least seven (7) days prior to your procedure, unless your provider has instructed you otherwise.</u>
They may be resumed two (2) days after the procedure unless your provider states otherwise. Please follow your provider's orders and recommendations.

The following is a list of the commonly used NSAIDs (non steroidal anti-inflammatory drugs). New medicines are released frequently. If you take any medicines you feel may be similar, *please seek the advice of your provider* at least seven (7) days before your scheduled procedure.

Advil	Feldene	Nabumetone
Aleve	Fenoprofen	Naprosyn
Anacin	Flurbiprofen	Naproxen
Anaprox	Ibuprofen	Orudis
Ansaid	Indocin	Oxaprozin
Aspirin	Indomethacin	Piroxicam
Choline & Magnesium	Ketoprofen	Relafen
Daypro	Ketorolac	Salicylate (all meds with salicylate)
Diclofenac	Lodine	Sulindac
Disalcid	Meclofenamate	Suprofen
Ecotrin	Mobic	Tolmectin
Etodolac	Motrin	Toradol
Excedrin		Voltaren

<sup>\*\*\*</sup>Cold and sinus medicines with aspirin or ibuprofen\*\*\*

There is no need to discontinue Tylenol (acetaminophen) or COX-2 inhibitors (Celebrex, Bextra).

## **Blood Thinners:**

If you take Coumadin (Warfarin) or other blood thinners such as Plavix (Clopidogrel), Pletal (Cilostazol), Ticlid (Ticlopidine), Trental (Pentoxifylline), Lovenox (Enoxaparin), Aspirin, etc., *notify your provider.* The medication may need to be discontinued and additional blood tests performed prior to your procedure.

#### **Diabetic medications:**

Do not take Insulin or Diabetic medications the day of your procedure <u>unless your provider has instructed you otherwise</u>. Bring the medications with you to take afterward as needed.

#### Other:

Also inform your provider if you are taking Antibiotics or large Doses of vitamins as these may interfere with the procedure.

Other routine medications not listed above may be taken with a sip of water up until 2 hours prior to procedure. Nothing else by mouth *including gum or mints* 6 hours prior to procedure.

Bring your pain medication with you to the procedure so it will be available to take afterwards if needed.